Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_      Date: \_\_\_\_\_\_\_\_\_\_  Assignment #: \_\_\_\_\_

**A Teen's Guide to Understanding Autism Video and Worksheet**

Watch this video prepared by Alexandra Jackman  at <https://www.youtube.com/watch?v=p9-l19CKISg> or

<http://www.autismspeaks.org/news/news-item/teen039s-guide-understanding-and-communicating-people-autism>

Then answer the questions below.

1. What technique did Alexandra Jackman use to begin the video?

2. Did you think the way the video began was effective or not? Please explain your opinion.

3. How does Alexandra Jackson define autism? (1:10)

4.  What are the three purposes of this video? (1:20)



5. Complete this statement with information from the video. (1:30)

*“As of 2012 one out of \_\_\_\_\_\_\_\_ girls, and one out of \_\_\_\_\_\_\_\_ boys have been diagnosed with autism.”*

6. What does the statistic above cause you to wonder?

7. What percent of people with autism have normal or higher-than-normal intelligence? (1:52)

8. What examples does  Alexandra Jackman use to support this statement, *“Just because people have autism, doesn’t mean they can’t have amazing talents.” (1:55 to 2:48)*







9. What important point does Dr. Baker make about the contributions made by people with autism throughout history? (3:00-3:38)

10. List some common behaviors or difficulties faced by people with autism. (4:00 – 5:00)



11. Why do people with autism engage in self-stimulatory (also called “stimming”)  behaviors? (4:38- 5:10)

12. Do you have any “stimming” behaviors you use when you are nervous or stressed? (5:11-5:34)

13. What is the difference between **hypo**sensitivity and **hyper**sensitivity? (5:52 - 6:50)

14. How did ***you feel*** watching and listening to the scene in the supermarket that showed what it might be like to have hypersensitivity? What might this teach you about the daily life of someone with autism? (6:50 - 8:00)

15. What is the message Alexandra Jackman is trying to convey in the segment about what it might be like being “dropped into a school in Japan”? (10:00 - 10:45)

16. List two strategies or methods recommended by Alexandra Jackman, Dr. Baker, or Adrienne Robertiello you can use when communicating,  interacting, or being friendly  with a classmate with autism? (10:51 - 12:30)



17.  The last 30 seconds of this video (12:30 - 13:00) contains a very powerful message about how to treat people who are different from us. Write a 2-3 sentence summary of that message. **Incorporate one quote from the last 30 seconds of the video.**